

Outstanding Commitment to Sport in Primary School



At Netherton Moss we believe that fostering a love of sport and adventure is key to encouraging a healthy lifestyle, making good friends and having respect for others, indeed our school motto comes directly from the Olympic Values – **Excellence, Enjoyment, and Respect**. All of our key Curriculum Drivers link directly to our commitment to sport:

Communication, Community, Resilience, Creativity, Adventure and Health

Each child receives two hours of high quality PE teaching each week. A wide range of activities and skills are developed, using our 2 indoor spaces (the gym and the hall) as well as our large and varied outdoor space and local swimming pool. Children in Key Stage 2 participate in Daily Mile activities at least 3 times per week during the lunchtime break in order to ensure regular daily activity. In 2018 we used some of our Sports Premium funding to have an orienteering course installed within our extensive grounds and this is adaptable for use with every age group and features in the annual curriculum cycle for most year groups.



To help ensure our children make good progress and develop a wide range of skills, we recognise the need to prioritise training for all staff. As a result, we devoted regular INSET and staff meeting time to enhancing the teaching and learning of PE across the school focusing in particular upon learning the repertoire of fundamental skills needed to access a whole range of sporting activity along with developing the corresponding skills of physical stamina and emotional resilience.

In addition to the high quality teaching we also recognise the importance of extra-curricular activities which include dodge ball, tag-rugby, speed-stacking, dance, kwik-cricket, tennis and hockey with teams entered for many competitions and dances shared in assembly. Children enjoy the activities and are always keen to know when the next club is starting. We also celebrate any sporting awards achieved outside of school, during our whole school assembly. These have included tap, ballet, Duckling swimming awards, football, karate etc. We have a weekly football coaching and run by a member of staff who also manages the successful school team. Our outdoor and adventurous sports activities are enhanced by visits to CHET and Rock and River where children from Year 2 onwards take part in activities such as climbing, abseiling, canoeing, orienteering and archery. Our membership of the local Horizon Network Learning Partnership sees us participate in their annual 'Fun Run' each summer and during the run-up to Christmas the whole school community participates in our festive 'Santa Dash'!



Since the Beijing Olympics in 2008, we have always held an Olympic or International sports week every summer, giving a high profile to teamwork and competition across a range of sports. With the Commonwealth Games and World and European Cup Football competitions over the years we have been able to continue this tradition.

In order to help inspire the children we arranged a visit from the Olympic gymnast Hannah Wheelan. Hannah came into school during the spring term and spent the day meeting and working with the children and carrying out a series of workshops in which the children not only trained and took part in physical activity but also had the opportunity to hear Hannah as she discussed her life as a top class athlete, from the rigours of training and building stamina and the long hours of practice and her carefully controlled diet all the way through to medal success in various competitions.





For this year's Commonwealth Games Week the children were placed in teams, each representing a different Commonwealth nation. The teams were mixed age, from Reception to Year 6, enabling our older children to take care and value the contribution of the younger ones. The older children from each team collaborated to prepare a PowerPoint presentation of information about the 2018 Gold Coast Games and their particular country, which they then used to teach the rest of their team about the event and the nation they were representing. Appropriately coloured T-shirts and caps were provided for each child and this allowed all participants to feel they truly belonged.

The parents were invited to the various ceremonies, as well as many of the events during the course of the week. The week began with an opening ceremony planned and presented by the children, complete with presentation of flags, national anthems and dances. Each team was given time prior to the event to consider the Commonwealth aims and to write their own pledges describing their own personal goals for the week, many of these were shared with the school community during the ceremony. One morning during the event a number of children were asked to be part of a team of young sportsmen and women taking the message and aims of the Games to all the local schools in our community.



With the games officially open then the activities could commence. Throughout the week the children participated in a range of physical activities all of which enabled them to win points for their country. It was our aim to provide all the children with the opportunity to shine in the physical activities they experienced as part of our Sports Curriculum but also to provide our own legacy by working in partnership with different community providers to enable the children to experience a wide range of new and previously untried sporting activities in which they can then continue to participate long after our Commonwealth events. Sporting events this

year included archery, curling, speed-staking and speed-staking races, multi-skills, dodge ball, rounders and hockey tournaments and range of athletics events.

Wherever possible the children participate together across the whole age range working together as an all age team. Where this is not appropriate, older children will often be asked to share their expertise to support younger children and those with particular needs in order to help everyone to achieve.



During the course of the week each team is asked to keep a video and photographic record of their exploits that can then be edited into a highlights video for the closing ceremony. At this much anticipated event, bronze, silver and gold medals are given out to the top 3 teams! There is always much excitement and even a drum roll or three as the results are read out! The children once again took responsibility for planning and presenting the closing ceremony with opportunities to reflect on their pledges and achievements.



We are very pleased to have received a range of external recognition for our commitment to sport over the last few years:



