

PSHE Core Theme	Health and Wellbeing	Living in the Wider World	Relationships	Living in the Wider World	Health and Wellbeing		Living in the Wider World	
Unit	1	2	3	4	5	6	7	8
1Decision	KEEPING/STAYING SAFE	THE WORKING WORLD	RELATIONSHIPS	BEING RESPONSIBLE	FEELINGS AND EMOTIONS	COMPUTER SAFETY	THE WORKING WORLD	A WORLD WITHOUT JUDGEMENT
Topic Title	Water Safety	Job Junction	Relationship & Sex Education	Stealing	Worry	Making Friends Online	In-App Purchases	British Values
Learning Objectives (KSD)	As a result of their taught learning experiences in the classroom and beyond, children should:							
	<ul style="list-style-type: none"> ✓ identify a range of danger signs ✓ develop and name strategies that can help keep ourselves and others safe ✓ recognise the impact and possible consequences of an accident or incident 	<ul style="list-style-type: none"> ✓ know what is meant by a 'career' and understand the importance of employment and the responsibilities and benefits it brings ✓ recognise achievements and can identify a set of personal qualities that will be important for the future ✓ know what education, skills and train mean for work and society ✓ know what it means to be 'committed and motivated' ✓ understand the importance of working collaboratively toward shared and personal goals 	<ul style="list-style-type: none"> ✓ explore different kinds of friendships and relationships and look at how these change as people get older. ✓ examine why love and trust are important in relationships and families. ✓ explain the terms 'sexual intercourse, conception, reproduction and birth' ✓ describe the function of the female and male reproductive systems ✓ revisit the role of puberty in preparing the body ✓ identify the various ways adults can have a child ✓ explain the different stages of pregnancy ✓ identify the laws around consent, FGM and other safety issues including peer on peer abuse. ✓ explore ways of preventing pregnancy and STIs using contraceptives ✓ explore the portrayal of sex and gender in the media ✓ identify the responsibilities of relationships and parenthood 	<ul style="list-style-type: none"> ✓ explain what consent means ✓ recognise the importance of being honest and not stealing ✓ explain why it is important to have a trusting relationship between friends and family ✓ identify how making some choices can impact others' lives in a negative way 	<ul style="list-style-type: none"> ✓ recognise our thoughts, feelings, and emotions ✓ identify how we can reduce our feeling of worry ✓ explain how we can support others who feel worried ✓ recognise that we can choose how we act on our emotions and that our choices and actions can affect ourselves and other people 	<ul style="list-style-type: none"> ✓ list the key applications that we may use now and, in the future, ✓ know and understand why some applications have age restrictions ✓ identify ways to keep yourself and others safe in a range of situations online and offline ✓ recognise that people may not always be who they say they are online 	<ul style="list-style-type: none"> ✓ know and understand various money-related terms ✓ recognise some of the ways in which we can spend money via technology ✓ describe the potential impact of spending money without permission ✓ identify strategies to save money 	<ul style="list-style-type: none"> ✓ understand that there are a wide range of religions and beliefs in the UK ✓ explain each of the British values ✓ create a range of values for your educational setting ✓ explain how all religions can live in cohesion
End of Unit Assessment	Assessment - Summative	Assessment - Summative	Assessment - Summative	Assessment - Summative	Assessment - Summative	Assessment - Summative	Assessment - Summative	Assessment - Summative
	<ul style="list-style-type: none"> ✓ How can we keep safe at home, at school and in the community? 	<ul style="list-style-type: none"> ✓ Why is it important to have high aspirations and set personal targets for the future? 	<ul style="list-style-type: none"> ✓ How can we safely and positively manage relationships now and in the future? 	<ul style="list-style-type: none"> ✓ Why is it important to be considerate and maintain a positive reputation? ✓ Discuss skills and strategies learnt to support positive behaviour 	<ul style="list-style-type: none"> ✓ Be able to recognise and positively manage thoughts, feelings and emotions. 	<ul style="list-style-type: none"> ✓ Know and understand the potential dangers of talking to people online ✓ Pupils design a range of ways to stay safe online. 	<ul style="list-style-type: none"> ✓ What have we learnt about the working world? 	<ul style="list-style-type: none"> ✓ Equality is ... Diversity is ... Cohesion means to ... ✓ Students can design a perfect world.
Academic Resilience Mapping	<p>Being safe</p> <p>Encourage the children to feel safe and learn to manage the risks of being in school and the big wide world. Encouraging them to identify where they feel safe and unsafe and looking at ways this can be changed can help them feel more resilient.</p>	<p>Map out career or life plan</p> <p>Helping children have a view to the future can help set them up for eventually mapping out a meaningful adult life. Encourage children to think ahead and to have a strong sense of purpose in regards to school work and their life at school.</p>	<p>Help the child take responsibility for her/himself</p> <p>Help children to know their own sense of usefulness and personal power. Grabbing hold of daily opportunities to help them control situations and understand they have the power to make choices and decisions in their life helps them see they can take control of their lives rather than life happening to them</p>	<p>Understand boundaries and keep within them</p> <p>It is important to help children learn about setting and keeping to limits. Setting boundaries can help children feel safe. Children need routine and structure to feel safe. Boundaries are clear rules that tell people how to behave.</p>	<p>Calming and self-soothing</p> <p>Encourage children to notice when, where and why they are feeling upset. Try to get them to notice and understand why they are feeling stressed and ways that can help them feel more relaxed.</p>	<p>Being safe</p> <p>Encourage the children to feel safe and learn to manage the risks of being in school and the big wide world. Encouraging them to identify where they feel safe and unsafe and looking at ways this can be changed can help them feel more resilient.</p>	<p>Enough money to live</p> <p>Helping children understand the value of money and how money can make a difference to the quality of life. Managing money and being able to cope with budgeting can help children cope better with stress and increase their levels of resilience.</p>	<p>Being free from prejudice and discrimination</p> <p>Encourage children's to discuss what prejudice is and discrimination and what are the effects are on a person who has been bullied. Encourage them to explore how they could cope and deal with situations where they are experiencing prejudice and discrimination.</p>
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	Basics		Belonging		Learning	Coping		Core Self
KCSIE Safeguarding Link	Keeping Safe at home, at school and in the community	Health (including mental health) Drug Education	Protective behaviours Sex education/consent	Being responsible, at home, at school and in the community	Mental wellbeing	Online Safety Anti-bullying	Life skills	Anti-discrimination Anti-racism Protection from Extremism
DfE Statutory Requirements- Health		Drugs, Alcohol & Tobacco Health and Prevention	Changing Adolescent Body Being Safe		Mental Wellbeing	Internet safety and harms	Internet safety and harms	
DfE Statutory Requirements- Relationships	Being Safe		Caring friendships Respectful Relationships	Respectful Relationships Being Safe	Caring friendships Families and people who care for me	Online relationships		Respectful Relationships
Online Links								
1Decision			Interactive Academic Resilience Framework			DfE Statutory Guidance		
https://schools.1decision.co.uk/my-modules			https://www.boingboing.org/wp-content/uploads/2017/04/Interactive_Resilience_Framework.pdf			https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education		