Netherton Moss Primary School Whole School Planning

Physical Education

2018-2019

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| | | Autumn Term 1 st half | Autumn Term 2 nd half | Spring Term 1 st half | Spring Term 2 nd half | Summer Term 1 st half | Summer Term 2 nd half |
| Year 1 | | Real Gym- Balancing Real PE: Fundamental Skills | | Real PE – Fundamental Skills Coordination – Ball Skills (FUNS 9) | | Real Gym | Real PE |
| | | Dynamic Balance (FUNS 5) Static Balance – Small Base (FUNS 4) Park Pirates Dance | | Dance - Movement to Music - Rhythm and Beat | | Real PE | Multi- sports linked Sports Week |
| Year 2 | | Real Gym: At Home- Shape | Dance Unit | Real Gym: Toy Box- Travel | Gym – Landscapes and Cityscapes | Real PE: Cordination with Equipment | Multi-sports & Athletics – Sports Week |
| | | Real PE: Coordination - Floor Movement Patterns (FUNS 10) | | Real PE: Social Skills- Dynamic Balance to Agility (FUNS 6) | | Real Gym: The Big City-Rotation | |
| Year 3 | | Real PE: Coordination/ Balance | Real Gym: Gymnastics – travel & balance | Real PE- dynamic balance and agility | Real Gym: Cardio – Coordination – Floor Movement Patterns (FUNS 10) | Swimming | Swimming |
| | | Competitive Game: Hockey | Dance: Egyptian dance | Competitive Games: Tag rugby | Competitive Games: football | Real PE scheme-Unit 6 Agility – ball chasing | Rounders & Athletics |
| Year 4 | | Real PE: Fundamental Skills Cardio - Agility – Ball Chasing (FUNS 11) and Hockey | Dance/ Movement - Performance | Real Gym: Fundamental Skills Cool Down - Static Balance - One Leg Standing (FUNS 1) | Real PE: Fundamental Skills | Orienteering | Athletics linked to Sports Week |
| | | Swimming | Swimming | Competitive Games: Hockey | Competitive Games: Tennis | Real Gym: Fundamental Skills | Real PE: Fundamental Skills |
| Year 5 | | Orienteering | Competitive Games Tennis | Competitive Games: Hockey | Competitive Games: Tag Rugby | Competitive Games: Cricket | Competitive Games: Rounders |
| | | Real PE: Cardio – Ball Skills (FUNS 9) Agility | Dance Unit | Swimming | Swimming | Real Gym: Dynamic Balance (FUNS 5) Counter Balance in Pairs (FUNS 7) | Athletics – Sports Week |
| Year 6 | | Orienteering | Competitive Games Tennis | Competitive Games Hockey | Competitive Games: Tag Rugby | Competitive Games: Cricket | Competitive Games: Rounders |
| | | Real PE: Cardio – Ball Skills (FUNS 9) Agility | Dance Unit | Real Gym: Static Balance – Floor Work (FUNS 3) | Real PE: Fundamental Skills | Real PE: Fundamental Skills | Athletics – Sports Week |